

SUNDAY SCHOOL

Lesson IV.—Second Quarter, For April 25, 1915.

THE INTERNATIONAL SERIES.

Text of the Lesson, I Sam. xvii, 38-51. Memory Verse, 45.—Golden Text, Rom. viii, 31.—Commentary Prepared by Rev. D. M. Stearns.

The armies of the living God defied and the people of God reproached describes the state of affairs at the opening of this lesson (verses 10, 26, 36). I have just read in the papers of a deficit in each of two mission boards of over \$250,000 and of one denomination that has lost 300,000 members in six years. Does there seem to be any parallel, and if so where is the David for the occasion? We have reason to thank God for a man like Rev. William Sunday, who is rescuing more souls from the hands of the enemy and slaying more giants than any other man in America today (May, 1914), as far as we are able to judge, because he has learned how to sling stones with deadly aim in the name of the living God. We cannot but thank God also for such a witness as Daniel Crawford, from the heart of Africa, who has been standing for the living God before the preachers and students and hundreds of thousands of the people of our land. Oh, for more such Davids and Daniels! Who is willing to be another such? How pitiful to see the men of Israel sore afraid and fleeing from one defiant Philistine! (Verse 24.) The words of Joshua are applicable, "O Lord, what shall I say when Israel turneth their backs before their enemies?" (Josh. vii, 8.)

David, the shepherd boy, of no account in the eyes of his brethren, found this condition of things when he came to the camp, sent by his father to see how his brethren fared and to bring them some good things from home (verses 15-18), he having returned from being Saul's armor bearer to feed his father's sheep at Bethlehem. Eliab, his eldest brother, misjudged him and spoke unkindly to him, but he meekly replied, Is there not a cause? (Verses 28, 29.) David's inquiry as to why this man should be allowed to defy God and reproach Israel was told to Saul, and he sent for David, and he said to Saul: "Let no man's heart fail because of him. Thy servant will go and fight with this Philistine. The Lord that delivered me out of the paw of the lion and out of the paw of the bear, He will deliver me out of his hand" (verses 32-37).

Saul armed David with his armor—his helmet, his coat of mail and his sword (what a snapshot that would have made?)—but he could not go through, for he had not proved it. So he put it all off him, and with his sling and five smooth stones, which he knew how to use, and with his staff in his hand he went forth to meet the giant, the great mass of blaspheming flesh and blood (verses 38-40). The giant disdained him and cursed him, which is about the way that flesh always acts toward the spirit, or mocks, as Ishmael did Isaac (verses 41-44; Gen. xxi, 6; Gal. v, 17). How grand are the words of David, "I come to thee in the name of the Lord of hosts, the God of the armies of Israel, whom thou hast defied" (verse 45). The invisible God was much more real to David than this visible giant, who made Israel to tremble. He reminds us of Caleb and Joshua, to whom giants and walled cities were nothing, because they saw and believed God. Moses also endured as seeing Him who is invisible. Most people, however, see the difficulties and see themselves as grasshoppers (Num. xiii, 33).

Then notice David's one desire, that all Israel and all the earth might know the God whom he knew, the living God, the God who could deliver from an actual lion and bear. He had no thought of himself nor desire for any glory for himself, but he honored the Lord, and the Lord did honor him, according to I Sam. ii, 30. It is great to see no man any more save Jesus only and to say from the heart: "The Lord is my light and my salvation. Whom shall I fear?" (Mark ix, 8; Ps. xxvii, 1.) Nothing can be compared to such a confidence in God as David had. Now see him running toward the giant, placing a stone in his sling, and with a prayer to his God sending it in the name of the Lord of hosts and for the honor of His name. Do you wonder that it went straight and struck hard, sank into the giant's forehead and felled him to the earth? The eyes of all the thousands of Israel and of the Philistines were upon David as he ran to meet his enemy, but he gave that no thought, for his eyes were upon the living God, and God's eyes were upon him, according to II Chron. xvi, 9.

David had no weapon, so he ran and stood upon the giant (can't you see him?) and, taking the giant's sword, cut off his head and carried it away in triumph, first to Saul and then to Jerusalem. He took the giant's armor also (verses 48-51). This was all written for your benefit and mine that we might learn to be strong in the Lord and in the power of His might. I do not understand how neither Saul nor the captain of his host knew who David was, although David had been Saul's armor bearer, but I rejoice to meet Jonathan again and to see him loving David as his own soul and stripping himself of garments and armor to put them upon David (chapter xviii, 1-4). Then I think of Him who loved me and gave Himself for me.

Mutual Benefit Column.

EDITED BY "AUNT MADGE".

Its Motto: "Helpful and Hopeful."

The purposes of this column are succinctly stated in the title and motto—it is for the mutual benefit, and aims to be helpful and hopeful. Being for the common good, it is for the common use—a public servant, a purveyor of the information and suggestion, a medium for the interchange of ideas. It is this capacity that solicits communications, and its success depends largely on the support given it in this respect. Communications must be signed, but the name of writer will not be printed except by permission. Communications will be subject to approval or rejection by the editor of the column, but none will be rejected without good reason. Address all communications to

THE AMERICAN,
Ellsworth, Me.

A KINDLY WORD.

Give but a kindly word, if thou
Canst nothing more bestow,
To comfort those who need relief,
Upon this earth below.
'Twill come like balm into the heart,
When clouds of sadness lower;
And like Nepenthe chase away
The gloom of sorrow's hour.

A word of kindness to the one
On seas of error lost,
May have the power to bring him back
Unto the friends he lost.
'Twill often calm the stormy waves
Of anger in the breast;
As oil on troubled waters poured,
Makes them subside to rest.

A kindly word—'twill often sun
The dark den of despair,
And cheer the downcast spirit of
The lone one pining there.
Then give a kindly word, if thou
Canst nothing more bestow,
To comfort those who need relief
Upon this earth below.

GARDNER, MR., April 9.

Dear Aunt Madge: While reading the enclosed poem, I thought it would be nice for the M. B. C. if not too long. I like the column very much; always turn to it as soon as items are read. Hope to be with you at the next reunion.

AUNT MARY P.

I want to tell you all, and not Aunt Mary P. alone, that this letter of hers gave me a good bit of cheer and of help. She has not only given the "Kindly Word", but the kindly deed as well. We hoped to see her at the last reunion. We must make an effort to hold our annual gathering earlier in the season, before the visiting summer Mutuals return to their homes or their different places of business. A. M. Y. will agree to that, and many others.

An interesting report of Dell's recent experiences comes next.

Dear Aunt Madge:

I have been to call on Nell once more. Found her nest running over, the youngest three weeks old. In the evening several of us attended the mock session of the House of Representatives. As I was present at some of the first joint sessions, I could see a marked improvement in the members, particularly in the decrease of smoking. I wonder if it were the senators who smoked in those first days? I do not want to think it was. Perhaps the representatives have reformed, or it might have been spectators that did the smoking. Never mind, I enjoyed it all.

Am glad to note much work has been done, and rejoice that after years of pleading we are to have a reformatory for women, and I heartily thank every man who voted for it. Can even forgive them for not giving us a chance to fight for the ballot. Two years hence we shall stand a better chance to win at the polls, as both men and women are fast coming our way. Our colleges are turning out an army of young men to help us.

Now let us begin to look around to pick out our next set of legislators, and coach them in regards to works of reform. Now the fish and game, roads and automobiles have had their day, perhaps the poor suffering children may have a chance of being better cared for. Not that I would be unmindful of what has been done since my early recollections.

Aunt Maria, are you going to have a flower-bed of yellow blossoms, spelling votes for women? The women of Pennsylvania are going to thus decorate their lawns. Last year, wherever I went through Maine, I noticed the abundance of golden glow and many other yellow flowers, but the meaning of the display never dawned on my stupid brain. But this year I surely will know what it means, and in every county call on them to sign cards asking for equal suffrage. Plant your flower beds early, sisters.

DELL.

I am indebted to "East" for a copy of the Newburyport Daily News of April 10, which contains an extended report of the "tribute paid to an honored instructor" who for fifty years has taught in the public schools of that city, and who is at present principal of the Currier school. The event, or rather reception, has been called one of the rarest occasions in the history of the public schools of Massachusetts.

There are two reasons why I bring this celebration to your notice. First, the honored lady is a native of Hancock county, having been born in Orland. Her name is Miss Sarah B. Chute; her parents were Andrew and Ann Perry Chute, and older residents well remember the Perry family, which included Parker, Hannah and others. The statement is also correct, I think, that she is an aunt of Hon. John A. Peters, his mother having been her sister.

The second reason is to call the attention of teachers who may read this column, to the possibilities and opportunities they have in their calling or profession, of exerting a great influence for the good of those under their instruction. What a power for good has this one woman been in her home city! Mayors have come and gone, business firms have flourished and disappeared, but an unbroken wave of influence for a half century has made Miss Chute a power for "civic improvement".

How can I select the most interesting particulars of the reception when a dozen or more columns were given to its description! About 500 attended, a large proportion being former students, one of whom

Your Child's Cough is a Call for Help. Don't put off treating your child's cough. It not only saps its strength, but often leads to more serious ailments. Why risk? You don't have to. Dr. King's New Discovery is just the remedy your child needs. It is made with soothing, healing and antiseptic balsams. Will quickly check the cold and soothe your child's cough away. No odds how bad the cough or how long standing, Dr. King's New Discovery will stop it. It's guaranteed. Just get a bottle from your druggist and try it.

Sick Women Attention

Is it possible there is a woman in this country who continues to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial after all the evidence that is continually being published, which proves beyond contradiction that this grand old medicine has relieved more suffering among women than any other one medicine in the world?

We have published in the newspapers of the United States more genuine testimonial letters than have ever been published in the interest of any other medicine for women—and every year we publish many new testimonials, all genuine and true. Here are three never before published:

From Mrs. S. T. Richmond, Providence, R. I.

PROVIDENCE, R. I.—"For the benefit of women who suffer as I have done I wish to state what Lydia E. Pinkham's Vegetable Compound has done for me. I did some heavy lifting and the doctor said it caused a displacement. I have always been weak and I overworked after my baby was born and inflammation set in, then nervous prostration, from which I did not recover until I had taken Lydia E. Pinkham's Vegetable Compound. The Compound is my best friend and when I hear of a woman with troubles like mine I try to induce her to take your medicine."—Mrs. S. T. RICHMOND, 84 Progress Avenue, Providence, R. I.

From Mrs. Maria Irwin, Peru, N. Y.

PERU, N. Y.—"Before I took Lydia E. Pinkham's Vegetable Compound I was very irregular and had much pain. I had lost three children, and felt worn out all the time. This splendid medicine helped me as nothing else had done, and I am thankful every day that I took it."—Mrs. MARIA IRWIN, R.F.D. 1, Peru, N. Y.

From Mrs. Jane D. Duncan, W. Quincy, Mass.

SOUTH QUINCY, MASS.—"The doctor said that I had organic trouble and he doctored me for a long time and I did not get any relief. I saw Lydia E. Pinkham's Vegetable Compound advertised and I tried it and found relief before I had finished the first bottle. I continued taking it all through middle life and am now a strong, healthy woman and earn my own living."—Mrs. JANE D. DUNCAN, Forest Avenue, West Quincy, Mass.

Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.



The KITCHEN GUPBOARD

OLD AND TRIED RECIPES.

HERE are some old and tried recipes which, while they take some time to prepare, are very economical and delicious. Try them for your Easter luncheon.

Stuffed Calf's Heart.

Merely wash off the blood. One could by soaking extract all the flavor from the heart. Stuff it with veal forcemeat stuffing or a common stuffing. Tie the heart in a cloth and place it in a small baking pan with a little hot water, pepper and salt. Bake nearly two hours, basting it very frequently. When done thicken the gravy with flour, strain, skim and season it and pour it on the dish around heart. Garnish the plate with onions, first boiled until nearly done, then seasoned with pepper, salt and a little butter, and browned in oven.

Pot Pie of Veal.

Cut the veal into pieces, put them into enough boiling water to cover them, add also two or three strips of pork, cover the pot closely, boil an hour, then season with pepper and salt to taste and a little piece of butter. Just before taking ingredients out of the pot to send to table put into it when the water is boiling separate spoonfuls of batter made with two eggs well beaten, two and one-half or three cupfuls of buttermilk, one teaspoonful of soda and sufficient flour. The batter should be made just before it is cooked. It takes about three or four minutes to cook it, the water not to be allowed to stop boiling. This dish should then be served immediately or the dumplings will become heavy.

Steamed Graham Bread.

Mix and sift three cupfuls graham flour, one cupful flour, three and one-half teaspoonfuls soda and one teaspoonful salt. Add seven-eighths cupful molasses and two and one-half cupfuls sour milk. Beat thoroughly and turn into one pound buttered baking powder boxes. The down covers and put in kettle of boiling water, having water half cover boxes. Steam two hours. Never allow water to be below boiling point.

Stuffing For Baked Fish.

Over one pint of breadcrumbs pour one-half cupful of juice (not strained) from a can of tomatoes. Mince up three baked or fried sausages and pour fat and all over bread mixture. Add one-half teaspoonful sage, one teaspoonful lemon or vinegar, salt and pepper to taste. Fill the fish and bake in usual way.

Anna Thompson

If you haven't the time to exercise regularly, Doan's Regulax will prevent constipation. They induce a mild, easy, healthful action of the bowels without griping. Ask your druggist for them. 25c.—Advt.

Among the Grangers.

This column is devoted to the Grange, especially to the granges of Hancock county. The column is open to all grangers for the discussion of topics of general interest, and for reports of grange meetings. Make letters short and concise. All communications must be signed, but names will not be printed except by permission of the writer. All communications will be subject to approval by the editor, but none will be rejected without good reason.

Wednesday, April 23—Meeting of Green Mountain Pomona grange with Cushman grange, Gouldsboro.

CANTINE, 250.

"Old peoples" night was observed in Cantine grange April 10. The program: Topic, "What I think of the present-day styles for women," discussed mostly by the gentlemen; grange locals, Emma Bowden; instrumental music, Ethel Leach; "A Literary Salad"; reading, Albert Hanson; "A Floral Love Affair"; "The Dancing Jacks," tableau; monologue, Laura Devereux; song, Howard Lowell and Gilbert Leach; a hat-trimming contest by six gentlemen, George Perkins winning the prize; song, Laura Devereux; dialogue, "Thirty Minutes for Refreshments." Ice-cream and cake were served.

MARIAVILLE, 441.

About fifty were present April 17. After business, grange was closed, and all enjoyed the social. The lecturer had a fine program of songs, readings and original rhymes on spring. The hit of the evening was Irish songs, by Martin Garland and Laura Watts, in costume. They responded to an encore with an original song on two members of the grange.

LA MOINE, 264.

MEMORIAL RESOLUTIONS. Whereas, Our Heavenly Father, in His divine wisdom, has removed from our grange our much loved and highly-esteemed sister, Marion A. Hodgkins, therefore

Resolved, That we extend our deepest sympathy to the sorrowing family, and commend them to the care of a loving Father, who doeth all things well.

Resolved, That as a token of love and respect for her memory, our charter be draped in mourning for thirty days; that a copy of these resolutions be sent to the bereaved family, one placed on our records and one sent to the ELLSWORTH AMERICAN for publication.

ELLEN M. RICE,
AUDREY HODGKINS,
GRACE L. HODGKINS.

RAINBOW, 33, NORTH BROOKSVILLE.

MEMORIAL RESOLUTIONS. Whereas, The Silent Reaper has again visited our grange and taken from our midst our beloved sister, Joanna Durgain; therefore be it

Resolved, That while our hearts are sad at the breaking of the golden chain, we must look to Him who has promised to strengthen and uphold us by the right hand of His power.

Resolved, That we, as patrons, do sorrow with and extend our sympathy to the bereaved family, trusting that the Divine Power may comfort and sustain.

Resolved, That our charter be draped in mourning thirty days in memory of our sister, and a copy of these resolutions be placed on our records, one sent to the bereaved family and one to THE ELLSWORTH AMERICAN for publication.

ALONSO SNOW,
ANGIE COBURN,
H. P. GRINDLE.

MAMPAQUA, 477, SOUTH BLUEHILL.

April 14, forty-three members and ten visitors were present. The lecturer presented a fine program, including the question: "Resolved, That the use of alcoholic stimulants in moderation is beneficial to mankind." Ice-cream and cake were served.

GREEN MOUNTAIN POMONA.

Following is the program for the meeting of Green Mountain Pomona with Cushman grange, Gouldsboro, April 23:

Address of welcome..... Frank S. Libby
Response..... Julia A. Noyes
The Home Vegetable Garden.
Lettie M. Gupit
The Food Value of Eggs..... Mrs. L. E. Wilbur
Conferring fifth degree
Music..... Selected
Seaweed on the Farm..... H. G. Smallidge
Potatoes—Preparation of soil, choice of ground, selection of seeds, planting, extra early potatoes, Carleton Bickford
Music..... Selected
Lime—Benefits, needs, kinds to use, forms and methods of applying,
George I. Freeman

BAYSIDE, 476, ELLSWORTH.

April 17, thirty-eight members and six visitors were present. The third and fourth degrees were conferred on one candidate. After supper the lecturer furnished a program of recitations, readings, singing, and a topic, "Resolved, That there was more fun in living fifty years ago than now."

GOOD WILL, 376, AMHERST.

Whereas, The Reaper Death has so soon again entered our ranks and taken from our midst our beloved sister, Annie Giles; therefore be it

Resolved, That in the death of our sister, Good Will grange has lost one of its most active members, one who will be sorely missed in our order and in the community.

Resolved, That our charter be draped for thirty days, and that our badges be reversed for the same length of time; and be it further

Resolved, That a copy of these resolutions be sent to the bereaved family, one sent to both the Bangor Commercial and ELLSWORTH AMERICAN for publication, and one spread upon our records.

ABRIE E. PATTERSON,
MARY S. DUNHAM,
BERNICE CLARKE,
Committee.

NORTH BLUEHILL.

Mrs. Ora Gatchell and daughter Margaret have returned from Penobscot.

Carroll Dunbar has the cellar for his house nearly ready, and will move the house in a few days.

Mrs. Annie Dyke and two children have gone to Hanover and Orris Grindle and wife to Seal Harbor for the summer.

Mrs. D. E. Emerson last week accompanied her son Somes to Bangor, where he will receive treatment at the hospital.

April 12.

COUNTY NEWS.

SEDGWICK.

F. W. Eaton and J. Bridges are ill. Capt. J. F. Lane, who has been ill, is better.

Mrs. Grace F. Grant is spending several weeks in Boston.

Mrs. E. C. Greene and family arrived at their cottage last week.

A little daughter arrived Saturday at the home of F. B. Hamilton and wife.

Capt. George Lane and wife came from Rockport Saturday, to visit relatives here.

Mrs. Maggie Blodgett, of Brooksville, is with Mrs. Lucy Dority. She will make her home here for awhile.

A. N. Dority and family have returned from North Sedgwick, where they have been living during the winter.

The sad news was received here last week that Capt. William F. Lane, who was on the way to Porto Rico, had been lost from his vessel. Capt. Lane was about thirty-five years of age, and one of the promising young men of the town. He was the son of the late Capt. H. D. Lane. His mother, Mrs. Louise Lane, survives him, and one brother—Capt. Louis Lane. Much sympathy is felt for the family.

April 19.

WALTHAM.

Miss Emma Jordan is teaching in Eastbrook.

Charles Jordan and wife have returned from Bar Harbor.

Ed. Rankin recently visited his parents, Stephen Rankin and wife, in Mariaville.

The dance at Fox's hall April 9 was not largely attended, owing to bad traveling, but a good time is reported.

Schools are in session. No. 1 is taught by Miss Crimin, of Winterport, and No. 2, by Miss Mary Sibley, of Aurora.

Scenic grange aid society met with Mrs. Lettie Willey, Saturday. The officers are: President, Mabel Davis; vice-president, Lettie Willey; secretary, Vivian Kemp; treasurer, Abbie Haslem. The next meeting will be with Abbie Haslem April 24.

April 12.

SOUTH SURRY.

School began last Monday with Clifford Coggins as teacher.

The weirmen are busily engaged preparing for the season's catch.

Mrs. R. A. Coggins is at home, after spending five weeks at Barnard.

Mrs. E. M. Curtis, who has been ill of pneumonia, is a little better.

Maurice Gray, who has been here for some time, has returned to Bangorville.

F. H. Harden, who has been in feeble health some months, is able to be out.

Friends of Volney Coggins will be interested to know that he has secured his license, and is now third assistant engineer of the oil-tank steamer C. A. Canfield, which leaves New York for Tampico today.

April 19.

GOTT'S ISLAND.

John Gott, of Barnard, is doing mason work for Philip Moore.

Miss Marian Trask, of Atlantic, is with her sister, Mrs. Vera Harrison.

School commenced April 12—Miss Hattie Kelley, of Lubec, teacher.

Austin Joyce, formerly of Atlantic, who is teaching high school at Norwood, R. I., recently visited his niece, Mrs. Vera Harding.

Mrs. A. J. Babbridge, of Bar Harbor, who has been at Palm Beach, Fla., the past winter, is visiting her mother, Mrs. Laura Moore.

April 17.

CHIPS.

SOUTH BLUEHILL.

Friends of Fred Sylvester and wife gave them a surprise party on April 2.

Mrs. Wesley Henderson, of Brooklin, is visiting her sister, Mrs. W. J. Johnson.

Mrs. B. E. Sylvester, Jr., is in Brooksville caring for her mother and grandmother, who are ill.

April 12.

Advertisements.

HEALTHY HAIR

SOFT AND FLUFFY

Beautiful hair does not just happen but is always a matter of care and proper nourishment of the hair roots. No matter if your hair is falling out, stringy, lifeless, and full of dandruff, Parisian Sage, an inexpensive tonic sold by G. A. Parcher, is all that is ever needed. It nourishes the hair roots and stimulates the growth of new hair. All dandruff is entirely removed with one application, and itching scalp and falling hair cease; your hair will be bright, vigorous, soft and fluffy.

Whether your hair is oily, dry or brittle, Parisian Sage immediately removes the cause and by toning up the scalp quickly restores the hair to its original brilliancy and vigor.

This delightful tonic is a real necessity and will not fail to give a lasting benefit to your hair and scalp.

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